

# Understanding Your Child with SEND

## *From Toddler to Teen*

“I met others going through the same things. It really helped me feel less alone.”

“The group boosted my confidence as a parent.”

### **Join our friendly, relaxed group!**

Join our friendly, free group for parents and carers of children with SEND. Connect with others, deepen your understanding of your child, and explore what's going well and what you'd like to change. Small changes make big differences!

**Upcoming Sessions** (once a week over 10 weeks, excl. half terms and bank holidays)

- 22nd September 2026 from 5.00 to 7.00pm Online via MS Teams
- 25th September 2026 from 9.30 to 11.30am Online via MS Teams

SEND groups are for parents/carers of children who may have special educational needs or disabilities. No formal diagnosis is needed.

### **What We'll Talk About**

- Communication and building confidence in your relationship with your child
- Exploring routines such as sleep and bedtime
- Understanding behaviour and emotional regulation
- Child development and ways you can support it

### **Want to Join Us?**

Email: [parenting.team@shropshire.gov.uk](mailto:parenting.team@shropshire.gov.uk)

Call: 01743 250950

Visit: [The Parenting Team | Shropshire Council](#)



### **Prefer flexible online learning?**

Try our free online learning pathways at

[Becoming Togetherness - Togetherness](#)

